

# Hearts on a Wire

issue # 37 - spring 2024



- 
- ♥ support incarcerated and detained trans and nonbinary people ♥
  - ♥ build community through bars ♥
  - ♥ organize for justice ♥
- 

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# LETTER FROM THE OUTSIDE COLLECTIVE

Beloveds,

We write to you as spring has sprung, and we hope the season change is greeting you well. As we continue publishing newsletters on a more frequent basis, we have fewer updates than usual as not much time has passed since the last newsletter!

Some of our most exciting news has to do with inside members coming home. Kayla from SCI Greene, Rain from SCI Benner, Monica from SCI Rockview, and Diamond from SCI Forest, are all now out. By the time of publishing, we'll have Nora from SCI Rockview home as well. We were thrilled to have Monica join us for the first time on a virtual meeting in April. If you're coming home and want to join virtual meetings, please let us know! We'll work with you to get you on the video call.

You can expect another newsletter to go out by the end of summer. We hope to continue building up our "scene reports" section where leaders from each institution provide updates on what's happening for trans and queer people at their facility. If you have updates, or want to connect with other girls and gays in your facility to write a report, we'd love to hear from you, on top of your lovely art, shoutouts, prompt responses, etc.

That's all for now, thank you to everyone who helped make another great newsletter possible!

~ The Outside Collective

We are Pennsylvania-based group of trans and nonbinary people and allies, building a movement for gender self-determination, racial and economic justice, and an end to the policing and imprisoning of our communities.

Contact us for meeting information.

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**IN THIS ISSUE:** Names **3-6** | We Keep Each Other Safe **7** | We Are - Unique Cherry Red **5** | Shitty Laws **7** | Scene Reports **8** | Trans Enough? - Crok in the Land of the PA DOC **9** | Funniest Ever - D. Barber **9** | Razor's Edge - Timber **9** | Hormone Shortage; Dose Guide **10-11** | This is Me - Fairy Princess Lily Taylor **12** | Letters & Love **12-36** | Te La Presento - Indya The Law Clerk **15** | Manic Hiccup - Dominic Barber **16** | Love Hurts - DiDi **18** | Day How To Love You - Tiffany Epiphany O'Shea **19** | Trans Pride! - Javier Goode **20** | Heroin - Tiffany Epiphany O'Shea **21** | I Got You - Reign **23** | Tearless Nights - Tone Tone **24** | 11-12-23 (A Song 4 Remmi) - K@\$H **25** | A Mirrored Expression - Maddie **26** | But Still I Cry - Monica **27** | One and Only - Frankie AKA Swing **28** | So Long to See - James W. / Big Red **29** | Forgive - Kaitlyn Mae Santos **30** | Workers' Resource from Jacinda Lee **30** | Wicked Anger Pt. 1 - Shadow the Anomaly **32** | Untitled - Maddie **35** | Fire Whiskey - Timber **35** | Hope - Jordyn Autumn Wilson For Those Who Love to Read **36** | Re: Monica - Miley S Diamond **37** | Legal Resources **38** | Books, Publications, Penpals **39** | Writing Prompt for Issue #38 **40**

# NAMES

In Issue 36, we asked submissions about trans naming. For many people, coming into their trans-ness invites moments of re-invention, honest self-exploration, and play. One wonderful thing about being trans is that we get to name ourselves in so many ways. For this next issue we asked to hear more about the ways you've named who you are.

**Whittany:** I had a friend in high school who I looked up to who was the “popular girl.” Pretty, smart, athletic, rich family. I wanted to be that girl, but I lived in a small country town and probably 90% of them were anti-LGBTQ. So I couldn't come out to anyone. My dad and a few others knew. But hardly anyone would support my decision. My life was a mask until I came to prison where I could be me. And not the me that everyone else wanted to see.

**cree:** my dad gave me my name. many years ago my family and i were watching american idol and there was this girl by the name kree and my dad said i looked just like her. instead of spelling my name the way she did, i dropped the k and used a c. i'd say since that time, i really found myself. that's when i understood i was a trans woman. ever since that day, i truly started living/acting like a woman. this name really fits me. being trans is so great. being able to find my way in life. if we never watched american idol, i don't know what my name would have been; that girl really showed me to never fear to be yourself. that's my advice, never stop being who you are. fight for your true self. it's never too late.

**Pursephone:** I chose my name from a story about a Greek goddess named Persephone. She is goddess of spring and flowers and queen of the underworld, wife to Hades. I fell in love with her story. She reminds me of myself, I also was born in spring, May 1st 1996 and I am a Taurus. I love flowers, I love farming. Her name was beautiful and most feminine, it has personality, it has a message. When I was looking for my female name I right away said, “I'm Purselphone, that's me.”

**Heather Jayne Morgan:** At the age of 12, I was diagnosed with gender dysphoria. I asked to be able to live as the girl I was. I needed a girl's name. Both my mother and father gave me my name: Heather Jayne as their first born daughter. Unfortunately, the following year I had to return to the school I had been at before my diagnosis. I recently found out I was born intersex and have embraced my true self as who I am. At the age of 45 I decided to completely transition and resumed using my name.

## NAMES, CONTINUED

**Tiffany Alissa Bradbury:** I chose from 2 different people that I looked up to from my juvenile treatment program in Allegany County. A therapist named Tiffany and a floor staff member named Alissa. I kept my step-fathers name, Bradbury. Once I leave prison, I would hope people use my chosen name. I learned how to do this by talking to other trans women here at SCI Albion.

**Miley Selena Diamond:** A gay man in 2008 gave me the name Miley at Coal Township. My middle name, Selena, I gave myself. Because in 2014 someone took a photo of Miley Cyrus and Selena Gomez kissing outside a Walmart. My last name I use now is Diamond, from my future husband at Forest, Chilly Willy D., who I truly love. I've invented myself by being me, doing me. I look at my transgender community of men and women. I do what I need to do for them and for me. Whether it be legally, sometimes financially, mentally or even politically. I name who I am to the world by getting involved with transgender rights, being an advocate. Regardless if the organization is Trans affiliated or not. I don't care what anyone says when I put my name out there, from Vermont to California and even out of this country. I learned how to do this before I was a trans woman, I was already an advocate for prisoners rights. But it wasn't as deeply moved as I am now, for Trans people. Growing up in prison from 24 to now 32 years later, I learned from the old heads in my time. They'd pull us Young Bucks up and put it in our ears. Don't ever let these people (guards, staff etc.) walk all over you. But I remember telling someone in 2007: "I'm openly going trans." The man looked at me and said your life's about to change dramatically.

**DiDi @ Forest:** How did I choose my name you ask? Well, it's rather simple. I wanted to play off my birth name, but wanted something that also fit my personality. I wanted a name that was classy, sexy, a little sophisticated, and fun. So I came up with DiAndre Renee AKA DiDi. It's stuck ever since. I wouldn't say I've had to invent myself, but that it's been more of a process of reintegrating myself back into both populations and society. It takes time. Self-acceptance of something this big is not to be rushed. I had moments of being scared and not fully being out. I would dip my toe in the water to test the temperature, but I was one of those closeted people. But I had to feel comfortable enough with myself to muster the courage and strength to just be myself. I got to say in the process, I've met some pretty cool people and found some real true friends.

**Caspian M:** I have had many names in my 18 years, but only one of which I chose myself. Not Claire. Not daughter. Not tranny. Not she. Caspian. (While I would not have minded Kurt Cobain I am afraid that is already taken). We are trapped in a system that reduces us to a number. That is why saying our true names is so vital to our identity.

## NAMES, Continued

**Kaitlyn Mae Santos:** An old friend named Caitlyn came into my mind years ago. I chose Kaitlyn Mae Santos and it stuck. Once you finally realize who you want to become then you've made the easiest decision but if some people are not accepting of you then move on and let them come around to accept you.

**Unique Cherry Red:** I chose my name because I love Cherries and the Color Red. I chose Unique because people always tell me when they get to really know me I was something else lol. No I was not like the norm. I invented myself by always trying to push who I am my trans self the true me in people face as They do with the true them. I figure if I can't be me then I would be a living lie everyday of my life and I just could not live with myself. Not saying my way is best but I say desensitize them to us on full throttle TV, movies, books, billboard, commercials. Make us the norm.

**Munta:** First, I am Muslim. Before I came out as Trans, my name was Shamil Abdullah Al-Muntaqem. "Al-Muntaqem" means "The Vengeful." When I came out, I wanted my name to reflect my religion and my being trans. I came up with a name that keeps both identities, while also having a direct connection with each other. A person assigned male at birth who is female (i.e. a transgender female) has both "X" and "Y" chromosome. No matter what this person does, they cannot eliminate the masculine "Y" chromosome. But, with various forms of treatment, they can essentially "Silence" or "Minimize" the male "Y" chromosome and embellish the female "X" chromosome. While the "Y" is still there, only the "X" can be observed. So I took Al-Muntaqem, and did the same process. I saved the "Munta" (Feminine) sounding part of my name and silenced the part which makes the name as a whole masculine (qem). "Munta" isn't a complete word, just like the "X" chromosome doesn't make up the whole of a trans female. The "qem" is still needed to make my name have meaning. My name is pronounced "Moon-ta," not Munta, as in to "Punt" a football. Ugh! Drives me crazy. Most of the time, people call me "Moon." Fittings, cuz I'm deff as white as the moon with green eyes.

## WE ARE Unique Cherry Red

We are fierce  
We are ferocious.  
We are unique  
We are never to believe  
we are worthless  
We are the best the cream on the top  
We are always breaking boundaries and  
pushing non-stop  
We are what seems to be few  
But with a closer look  
We are most and more  
All the best things we are  
can't be bought in a store  
We are the head that controls the feet  
Where the rhythm that makes love  
to the beat  
We are the L  
to the G  
to the B  
to the T  
to the plus  
Now that you know who we are  
you know not to f\*\*\* with us.

## NAMES, CONTINUED

**Timber:** My name is already a gender-neutral name, but I wanted a new name for a new birth of who I am. I wanted to keep my same initials so I had Adrian from the outside Collective find a list of T gender-neutral names online. I crossed a lot out and ended with five or six. I did a lot of thinking. I love the outdoors and grew up in the forest. Also with my religion being Wicca, I wanted it to be nature-based. So I chose Timber with my middle name being Gekko.

**Jacinda Lee Allenbaugh:** When I first came out as trans officially, I was “named” by a Queen @ Coal. Mercedes dubbed me Tamara Angelique (classy but sassy). Fast forward a few years, I had a mini meltdown and a friend @ Rockview dubbed me Harlequin. And it stuck. Then I got in contact with my mom after years of not speaking to each other. I learned that had my mom known I was girl when I was born, she would have named me Jacinda Lee. Allenbaugh is my mother’s maiden name, and it to carry her legacy I plan on a legal name change to Jacinda Lee Allenbaugh.

## NAMES: OUTSIDE COLLECTIVE

**Celena:** My name was chosen for my best friend in high school, who passed away in 2017. She knew I was trans before I knew I was trans. She would always tell me “When you realize, I better be the first call you make!” When I realized my true identity, I knew I wanted to carry her with me, as she knew, and loved, me before I knew and loved myself.

**Monica Piper:** My adolescent name for inside was Marilyn. Which used to bring up Monroe, now Manson. Around 17, I had a crush on a Monica, since that was never to be, I copied her name. it makes me feel pretty inside. I try to let it shine out too. My Father wanted an airplane but Mom wanted kids, consolation, if the first is a girl her name is Piper. So Monica Piper.

**Adrian:** I was named after my grandfather, so I kept the same first name, just changed the spelling to how he spelled it. My middle name was the saint’s name I chose for myself when I was 13 and confirmed as a Catholic. I had to get special permission to choose a male Saint’s name, Maximillian.

**Brandi Marie:** I had a very good friend whose name was Brandi and her daughter’s name was Marie. When they passed away in a car accident I chose my name to honor them

**T:** I use three different names, Tammy, T, and Clutch. Tammy and T are both versions of my birth name that I now use for my legal name. Clutch is the name many of my friends and family use for me otherwise. I picked up this name in 2010, when I broke the transmission (the clutch) on my old truck, and because I always carried a clutch handbag at the time.

**Mattie:** My old middle name was given in honor of my uncle. He passed when I was young, and was often suspected of being queer. I chose Mattie to carry him with me.

## WE KEEP EACH OTHER SAFE

In Issue 35, we asked for submissions about strategies for protecting ourselves and others from transphobia and homophobia.

That conversation continues...

**Brittney Rose Werner:** To all my trans friends and sisters who are gone, but not forgotten, I hope I am joined by those who are still alive. Us who still have a voice need to speak the hell up and not just sit by as our trans sisters and friends are killed. We have to stand up. I will be trying to set up a protest in the cities that my trans sisters keep falling in at such a fast rate. We will let it be known that us trans females being killed will be going to the lowest number it can go to by us fighting back by carrying tasers, pepper spray, brass knuckles. It will be known. We will fight back in groups. We will not just let it happen. No more. #translivesmatter #fightback #scarednomore

**50 Shades of Jay:** Anybody who knows me, in any population I land in: Y'all won't be bullied or harassed by staff or inmates. I put a stop to it.

**Whittany:** If you see a fellow member of the community getting harassed by ANYONE, be there to help. If you have knowledge about legal stuff, help people file the paperwork.

## SHITTY LAWS

In Issue 34, we asked for submissions responding to the wave of anti-trans laws.

That conversation continues...

**Shawn J, BI8942, Rockview:** One love to all. Issue #36 Winter 2024 has an article on Shitty Laws, by Tiffany Alissa Bradbury. I want to give some feedback on the government trying to pass anti-trans or anti-LGBTQ Laws. Let's not be fooled by our emotions and wishing on a Star point of view. If there's an anti-trans bill, Someone in the general government is not for the LGBTQ Community. Nine out of Ten it's coming from a republican Senator who introduced the bill for a vote. The political game and politicians are not playing fair when it comes to the LGBTQ community or our rights. Politics is a dirty game, that's why many people don't talk politics or get involved. When a Law gets passed and it affects our rights, we get mad because we didn't vote on the issue or law. We have to educate ourselves, family, and friends who care about us.

## SCENE REPORTS

Now that we are once again focused just on Pennsylvania, we are attempting to regularly feature reports on what is going on for queer and trans folks inside each of the PA facilities. Our hope is that reporting can be done collaboratively, where possible.

We'd love to hear whether (and how) Trans and Queer people in your facility are able to make connections and form networks/community. Are networks able to select their own leadership? identify problems and proposed solutions? Speak with a united voice? What are some of the barriers facing Trans and Queer people in your facility? What can be done about it? What else should the community know about?

**Houtzdale:** I've been here since 2007 and have yet to see another trans woman hold or even be offered any positions of employment outside of the kitchen, or as a block worker. I've been running this prison's law library for over 4 years but I'm an anomaly. I do not want to be! I shouldn't be! It appears that there are barriers and biases preventing my brothers and sisters from acquiring positions when many of us are talented, hard-working individuals. Not to mention the undeniable fact that a lot of us do not receive financial support from friends and family and are in dire need of employment while incarcerated in order to purchase basic necessities. Many of us will return to society one day, and it is critical that we obtain employment skills and education while incarcerated. The DOC is failing us if it is in fact their goal to rehabilitate and prepare us for reintegration into society.

To my trans family is this happening in your prisons as well? Shout out to all the truly phenomenal women that I've met thus far. (Indya the Law Clerk)

**SCI Mahanoy:** Recently our head of Psychology started up a Trans and LGBTQ support group. Together, we all make it work. Two times a month: myself & another girl were appointed to be stewards of the group. If you wanted to start a group like this speak to a trans friendly Psych about it. Our group is awesome. Girls, if we all don't work together & put the bullshit aside we will never have Unity. (Miss Ash Horan AKA Princess)

I feel it's not a bad prison to be at if you identify somewhere on the LGBT+ umbrella. Me, I joke with the COS and other staff. We now have a trans support group every other week and on the weeks we don't have the Trans group we have an LGBT group. The doctor & the psych that run it are great. They bring some topic, plus we get to have a say in the topics. Thanks Ash for helping us get it going. The only bad part is the CCPM doesn't support us trans people and the doctors make it impossible to get 'mones even for inmates that have a GD they received elsewhere. (Timber)

Update: The groups at Mahanoy are temporarily suspended because of a PREA investigation.

**Albion on CA:** Why are we still fighting? We should be sticking together to combat oppression, but we continue to be at each other's throats. Come on now! Really? (Jacinda Lee Allenbaugh)



# TRANS ENOUGH?

Crok in the Land of the PA DOC

I have been thinking about trans hate from other trans folks. Some folks say if you're non-binary that you're not trans. Or that if you don't have or want hormones or surgery you're not trans enough. Or if you top or like to use what you got for sex you're not a real trans fem. Or if you don't have a GD diagnosis you're not really trans.

What I learned is that Trans is a whole umbrella for types of people whose gender is different from what they were assigned at birth. No one is more trans, or not trans enough; we're just different. We have more in common than differences. There is so much gatekeeping and gender policing by the DOC, needing to get a GD diagnosis to get hormones and all the nonsense about how we're isolated in housing.

It is hurtful when we do to each other what the DOC and medical do to us. Why are we fighting over crumbs when we should join together and take the whole cake?

## FUNNIEST EVER

D. Barber

You know how we watch that 1990s PREA video every year? You know how people use PREA in every way that's not what it's meant for? Does staff not watch their own version?! Never in my life have I been exposed to such a vulgar, unprofessional workplace sexual harassment. The worst between Muncy & Cambridge? Medical. Then the dietary staff. Then the male officers who never have regular unit bids. I'm not even talking staff to inmate. That's a story all of its own & frankly it's disgusting. I'm talking staff to staff, whether their nurses, blue shirts or officers. Would you want your spouse doing these things behind your back? Old men flirting with women half their age, but you're worried about inmate relationships or who lives with who? Do you hate your life that much? I may be "an inmate," but you failed so hard in life that you come to a prison by choice 16 hours a day, just to escape your reality. Grow up, act professional & maybe someone will respect you.

## RAZOR'S EDGE

Timber

As I am sucking on a razor's edge,  
I am thinking of you.  
The blood in my mouth isn't mine.  
Why does my heartache taste like you  
do?

I miss your fingers on my skin;  
Those bones soaked with sin;  
Blood in my veins flowing seductively

-  
Like a tornadic rush within.

They're telling me that  
you're nowhere to be found,  
Finding solace above;  
From Iron in the sky,  
Love is what we make it -  
Let it never walk by.

For you are my true Love!  
When I think of us together again -  
The blood in my veins pump faster -  
Soon I will feel your touch again!

# HORMONE SHORTAGE

## What you need to know



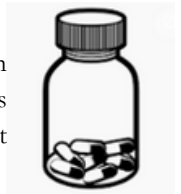
There is presently a shortage of estradiol cypionate and testosterone cypionate that is impacting some of our members inside and outside. There have been rolling shortages for both since at least 2022(1). Some of you may remember similar shortages with estradiol valerate in 2014 and 2016(2).

### Why is this happening?

Drug manufacturers are blaming manufacturing capacity and supply chain issues. “Supply chain issues” is pretty vague, and there isn’t much published on the root causes of these shortages. One doctor notes that a possible issue may be failing soybean crops: “soybeans that are grown to produce the chemical that is ultimately converted into estradiol. If there is a crop failure, which is becoming more of an issue with climate change, that also affects production, and recovery can take an entire growing season or possibly longer”(3). Researchers have projected that without significant adaptations, soybean crop failures may become more frequent due to climate change (4). Add to this persistent supply chain fragility and you’ve got a recipe for drug shortages. Last spring, there were more than 300 ongoing drug shortages in the US, and more persist (5).

### What does it mean for those affected?

Maintaining access to hormones is important. Trans people who have been on hormones and who lose access to them often experience mood symptoms (depression, anxiety, irritability, sleep problems) and health problems (heart and blood pressure issues).



### What can you do?

This may not impact you, so if you do not hear that your hormones are unavailable, you should be fine. If you learn that you’ll be affected by the shortage, there seem to be two main options for continuing care: changing your dosing or your method.

**Changing your dosing:** Ask about this option. If the 10mL vials of testosterone are unavailable, can you shift temporarily to the 1mL vials, but use more of them? Ask if they have information about what dosages are available.



**Changing your method:** It’s also worth asking about this one. We’ve reproduced some dosing guidelines from University of California San Francisco that might help you determine what doses of different types are appropriate for you. If you’re changing up your method, you can also ask about checking your blood work to see how the new method is working for you.

# HORMONE DOSE GUIDE

## Feminizing hormone dose guide:

Hormone	low dose	medium dose	maximum
Estradiol oral	1mg/day	2-4mg/day	8mg/day
Estradiol transdermal	50mcg	100mcg	100-400mcg
Estradiol valerate intramuscular/subcutaneous	3mg a week	5mg a week	20mg every week
Estradiol cypionate intramuscular/subcutaneous	1mg every week	2mg every week	5mg every week

## Masculinizing hormone dose guide:

Androgen	low dose	medium dose	maximum
Testosterone cypionate	20mg/week	50mg/week	100mg/week
Testosterone enanthate	20mg/week	50mg/week	100mg/week
Testosterone topical gel 1%	12.5-25mg every morning	50mg every morning	100mg every morning
Testosterone topical gel 1.62%	20.25mg every morning	40.5-60.75mg every morning	103.25mg every morning
Testosterone axillary gel 2%	30mg every morning	60mg every morning	90-120mg every morning

1. Prager, S., *What is causing shortages of injectable testosterone and estrogen?* Everyday Health (Apr. 2023).
2. Ghorayshi, A. *The US has run out of injectable estrogen for trans women - again.* BuzzFeed News (Oct. 2016).
3. Gunter, Dr. J. *Help! there is an estrogen shortage!* The Vagenda Substack. (Nov. 2023).
4. Goulart, H. M. D., et al. *Increase of simultaneous soybean failures due to climate change.* Earth's Future, (2023).
5. Rogin, A., & Young, K. *What's causing the unusually high number of drug shortages in the U.S.* PBS (Nov. 2023).
6. Deutsch, M. B. *Overview of feminizing hormone therapy.* Gender Affirming Health Program. (June 2017).



## THIS IS ME

Fairy Princess Lily Taylor

Another round of Bullets Hits my skin,  
But fire away  
I say  
But I won't let the shame sink in  
for I am Glorious  
let their sharp words try to Hurt Me,  
I won't Hide anymore  
let their sharp words come  
for I'll Bring a flood  
I'll Drown them out  
This is Brave  
This is Bruised  
This is who I'm supposed  
This is Me.

## LETTERS & LOVE

Wsp family! 5 months until I see parole again! Hopefully they let me go this time. Munta - You touch me every time you write. This one was a direct shot to the heart. Cause I've been back down for awhile myself. I sent you a kite. Just hit me back! Nichole "Nikki Sim" Quinones - Wsp? Im up SCI Greene, I got kicked out Forest last year. That jawn nutty hopefully they getting you outta there. Stay strong keep fighting. And I got your info I'll be in touch. Tiffany Alissa Bradbury - I get at you next issue.

~ Kareem Shetton | MD1448

Shout out to Lexi Love, Mariah, T-cup, Tiff, Miley, Didi, SJ, Sydney, Chicago. Shout out to Knowledge, Corey, Kid, Prin, Ed, Savage, Twin, Hody, 5c, Greg, Xavier, and anyone else I forgot you know who you all are. Anastasia: hey! I read your words in issue 35 and issue 34. I see you didn't put nothing in issue 36. Looks like we both know the past was hurtful. We both messed up. I'm looking forward to making this year better. My feelings for you didn't change. I think of you most of the time. I see parole in August which means I've Got 5 years to go in here if I max. Lexi asked about you and I didn't know what to say because we've not talked in a long time. She says to say hi.

~ Tone Tone | SCI Forest

To the HOAW family, I'm out and struggling like the rest of America. I am lucky to have the wonderful people who put this together on my side. I was truly blessed. I've been welcomed into the Outside Collective with love. Thanking them all, especially Brandi and T, I'd be lost without you two. T went above and beyond. I didn't really grasp the love that these good people have for us until I was at a Hearts meeting!

I got help from *Let's Get Free*, so I'm going get on my feet. I'm in good hands and I'm safe. Yeah the hotel is ALL that for the time being.

As for the t-girls of Rockview, I miss you. Mostly I miss my beloved husband Turk back there. Would someone who gets HOAW please let him read this. I'm safe Daddy, and your Girl's proud and confident because of you. You respected me as the Queen I am. I'm keeping that attitude as I walk in this world.

Solidarity Through Enlightenment,

~ Monica

## LETTERS & LOVE

What's good HOAW

Somebody wrote using my name. Please stop, that ain't cool. And what you said is a lie. My mom and dad love me and are both in my life, and my sister doesn't have cancer. I also didn't shout out JB and I don't know Cece or Candy and My birthday is in March, not October. I'm 35, not old and I'm not a Queen. Shout out to 300 @ Phoenix, Knowledge @ Coal Township, Mariah @ Mahanoy. TO my wife Keisha Unique Williams I love and miss you so much this jail shot out. Shout out to my lil bro Twin @ Somerset with me

~ the Real CR | Corey Williams

Dear HOAW family,

Indy, Iris, and Jennifer: You don't know me but after reading your posts I noticed Iris's dad, and Jennifer and Andy's moms passed away and I feel your pain. Fortunately my mom is still with me, but my father was my world and I watched him pass on from lung cancer and damn it hurt. I wanted to share what I learned and I hope it makes you smile: Those that mean the most to you when they pass on to the next life are still with you, they become your angel and they're always next to you. So don't be afraid to talk to them because they can hear you. Remember the body is only a shell, the soul is who you love and the soul never dies. Keep your heads up and stay strong, because at the end of the day it's not goodbye it's see you later.

~ Kevin Shay | LH1546 | SCI Greene

Hey HOAW Fam...

I just got up at SCI Houtzdale LOL. I don't even know what's up with the community here. All I got is side eyes and weird looks, but you know I don't care. I'm not a people person anyway. I walk by myself everywhere I am. So just stay in your lane is all that I ask, feel me?

It shocked me that all the love shown to me when I got here it was from the "regular dudes." My cell was so full they had security running in my shit thinking I was selling work LOL. You know there's always that one dickhead that tests the waters, which is why 2 weeks in I'm doing my first 90 days in the RHU.

I did meet a little angel, a blessing here. She all that and then some. Sorry little one, Mommy will be back and I'm moving in your cell so you can keep me out of trouble. I miss your face, our little walks and gym sessions.

To everyone, thanks for the shout outs and feedback. As you can see I'm not in a rapping mood, I got y'all next issue. Keep y'all heads up and be careful. It's all love to say the least. This Jail's strange as fuck get it together.

~ Makayla AKA Thicc A\$\$ Tink

## LETTERS & LOVE

Hey y'all. Thank you for the love and support I've received. Things are looking much better. I'm learning to manage my borderline personality disorder, and things aren't so darned overwhelming. I was diagnosed with cancer, but it was caught super early so the pills I'm taking are killing it, radiation is working, and I get to keep my hair (yay!).

Kash@Chester: I forgive you. Things were eating me alive, as you know. During our phone talk you apologized again, and you know what? I accept. In order to move on, I need to forgive you. Congrats on Remmi. I wish you two the best.

To my BIG: I am so glad you reached out after all this time, and we reconnected. Wow, have I told you lately that I love you? It's you and me against the world.

To my ride or die sis Cris@Mahanoy: I miss you more than words can say. I am still amazed at your desire to stick by me. Good luck at Court.

Siobhan@Albion! Hey sis! You make me laugh, and I enjoy spending time with you. I wish we was on the same unit.

Cree@Rockview: Waiting for a response!

To all I missed: Love y'all, keep ya heads up. I love you all. Remember we are stronger than those who hate us!

~ Jacinda Lee Allenbaugh AKA Harlequin | Thomas Flick LJ9467

Dear HOAW Family and Friends

Diamond, Sparrow, Austin, T, Jackson, Steve, T cup, Twin and any one else at SCI Forest I may have missed I love you all. Miley I miss you and love you. I Found a man for me and I am Very happy. Keep your head up girl. Whittany I miss you hope all is well with you. To the man of my dreams you got my heart, Don't break it. I love you babe. I am in Gen pop now and I actually love it but I miss my Friends on H-A. I am not sure when but I will be back.

Love,

~ Gordie | NT6828 | SCI Forest

Shout Out To My True Friend Unique Cherry Red. I Miss Your Strength, Your Security in Being Who You Are. Though You Left Me With A Wounded Heart and Mind, I Fell For You. I Feel I'll Never Find Reason To Give Up On You Nor Leave Your Side No Matter What Bars, Walls, Fences Do To Prevent My Love For You.

Yours,

~ J.R. Jeremy

## LETTERS & LOVE

I Am Now At SCI Albion, what's up! L.G.B.T.Q, And All my TRANS, girls. I have talked to some you, But it's cold out and when it gets nice out, EVERYONE that's a trans girl and is a real "L.G.B.T.Q-other", Get your assies outside, So as we can play cornhole and have fun getting along. I'm Not with the BS. I want to see you all, I'm Calling you all out.

I want to shoutout to Ms. Chino, On E-Block, I hope you're doing good, I was reading over what you said in issue #36 stay in good spirits oxox, and a shoutout to C AKA Bullett at Frackville. I did write to that Address, call that person, say Hello. To the cornhole players and (YES. I'm the B-E-S-T) and Phase 10 players, we do that here also. Shoutout to Brittany and Treadway on B-B. Shoutout To Mariah at SCI Mahanoy, I was there also. Girl - miss talking to you. Be gooey, love you. Stay up community, love goes out to all. Keep it 100%. All we have is your word

~ Ms. Bam Bam | CN0960

Hi HOAW Family! Awesome to see so many trans people on one platform. I am a trans guy at SCI-Muncy, looking for any trans brothers out here. Stay strong and supported everyone! (Also, you all dig 90s grunge music?).

~ Caspian M

Shout out to my husband Tank @ SCI Houtzdale. I love you so very much and I miss you very much. I'm always thinking about you/us. I hope you are doing OK. Our love is strong & genuine & forever lasting. To the moon & back, you're my star in the sky, my light in dark places. I love you Tank.

~ Abacrombie Chris |  
SCI Houtzdale

Shout out to Taz, Ash. Much love and keep y'all heads up.

~ Athena

## TE LA PRESENTO

Indya The Law Clerk

¿Quién como yo? Ninguna porque soy inigualable  
Cuerpo criminal, saquen warante  
Oye, no se espanten, soy calle pero también elegante  
Sin corona las tengo en Jaque Mate  
Soy la meta, curvas tan cabronas se ven hecha  
Picoteo cuando camino, el mundo es me pasarela,  
Una bandolera, rompiendo todas las reglas  
Fuete si me porto mala, dame to' mis consecuencias  
Keep it cute, no me hagas dañar mi pedicur  
Se te pateo el buche las persigue el manicur  
Toma el clu, no me cruces si no quieres revulu  
Pa' después estar paroniquia sintiendo síntomas del flu  
Lo soy to', codiciada soy la nueva religión  
No me mires mucho o te ciega mi resplandor  
Tengo dinero y cuerpazo y me sobran de los dos  
Siempre he sido el tema y solo han sido una mención

## MANIC HICCUP

Dominic Barber | OU8963

WE  
are infected with this virus.  
chased down, an arsenal of memories.  
screaming with no echo,  
& you will never reply.  
because we both know that,  
this love is a lie.  
never sleep, no peace here.  
you don't hear & i won't see,  
inflicting pain with a smirk,  
neither of us willing to admit  
that this just don't work.  
so i hold on while you spit your poison.  
we stare with passion but my hands on  
your throat.  
your grip on my heart, tell me who  
survives.  
use your knife & i'll dig your grave.  
cause by the time we're done  
there won't be anything left to save...

## LETTERS & LOVE

HOAW Family:

@ SCI Forest Nikki Sin: Girl they snatched you for no reason... OMFG... it hurt me so bad to see you leave... that bag of commie though.. ILY! keep fighting sis, I miss you! try to keep your head up.

@ SCI Albion: Yum Yum, Brit, Dayna, B, Lief, I love you all and can't believe they got us locked up in this draconian dungeon! This place blows.

My man Isaiah: I'm so glad to have you in my corner. I wasn't looking but I'm glad I found you! You're so special to me. Forever baby! XOXO

Just wanted to tell All you beautiful people that I love you and we got this.

~ Maddie | Matt Kelly | QP3525

Hey all you pretty mamas. I only have 2 years and 9 months left till I max out 11/24/2026. I'm really nervous and scared that I'm not going to have anywhere to go. I don't have no support, and I get out of prison in November. Heyyy to Cree I think I remember you, you were at SCI Somerset and did you spell my name wrong? LOL. Good luck to Kayla: be on point as it's really dangerous for us in the public. Hey to Kimberly at SCI Somerset, RaeLyn at SCI Forest: miss you, hope we meet back up. I hope we can stay faithful and forgiving of our past mistakes we've made. I love you, keep your head up XXX OOO.

~ Brittany Rose Werner | SCI Houtzdale

Shoutout to my husband Ernest at SCI-Huntingdon, I miss you very much. I feel lost without you, I hate what this jail did to us. I'm still struggling mentally and emotionally, but I'm staying strong for us baby. I'm doing ED-warehouse now. How are you doing? How's our lawsuit, or do I have to put my own in? Let me know. I loved your shout out. Don't forget about me/us. Stay in contact my love. I love you.

~ Christopher J.M. Scott | QP2099 | SCI Houtzdale



## LETTERS & LOVE

What's up family? I wanna send some love to the family at Forest. To the ladies: Joy, Ms. Chicago, Yaya, Didi, Syd, Tiff, Jamie, Emmi, Nora, Ant, Ty, Diamond, Stasia, Haro, T Cup, and Jennifer. To the fellas: Swing, Marky G, Adam, Jojo, Ed, D, Bey, Run, Tone, Twin, Kid, Diamond, JB, 5¢, Lefty, Speedy, ToneTone, Kodi, DC, Tim, Lief, TC, and Dilly. To the former Forest Fam: Mariah, Magic, Princess, CR, Knowledge, Juno Luz, Whittany, Miley, Twin, Chocolate Drip, O, and Big Foot who are still in oppressive captivity and Shrek, Keke, SJ, Ira, and BR who are now free. Shoutout to all the allies. We couldn't do it without you. Love to all the beautiful ladies and handsome fellas representing all over the PA DOC and all over the country. Welcome to all the new members of the fam/community. Keep your heads up no matter how you identify, wherever you are in your life and journey, and know that you matter. Love y'all.

~ Kamdyn Alexis Love | SCI Forest

To my lovely hearts family!

To Indy at Green I'm glad you thought my 16 tranny bars was your favorite! LOL I see what you saying, I'm not looking, but I appreciate it!

To Lexi at Forest thanks girl, glad you thought it was #truth!

To Nikki at Forest, miss you old neighbor! Sorry to hear you're going through what you are. I pray you get parole to the Fed soon, I know you'd rather be there than PA.

To Makayla AKA Thikk A\$\$ Tink at Phoenix, that *Something Light* in #35 was absolute fire! And I'm with you - I like girls that like girls too! I used to joke and say I like trans girls so much I went and became one LOL! I considered myself a 'Tranny Dyke until I got on HRT and realized I actually could fall in love with a man, but I am super picky, only 2 so far have ever made the cut. Since HOAW went PA only you may not get a response from Queen Diva Supreme, but if you want someone to get to know better I'm all for it! You sound cute as fucc and you caught me up in your thirst trap! *Smile*

Joker at Mahanoy, wow I haven't heard that name in years and I sure never thought I'd see it in Hearts! I had to check my address book to see if it was the right DOC number, lol! Glad to see you're part of the family! whoop whoop! Think back to 2013 ish, West Yard Albion bocce/handball courts, back when you were Mizz' celly. You were the first 'Lo I met in there. Of course I had a big ass beard, short hair, and no titties back then LOL!! I guess I got to get my tattoo turned into a hatchetGIRL now, huh? LOL!! That's all for this TRANSMission, stay safe fam! #transpride

~ Siobhan Talitha | Steven Accor | KD5402 | SCI Albion

## LOVE HURTS

DiDi

Love hurts  
When the pain you feel  
is indescribable.  
When through both the ups and  
downs you're willing to do and be  
anything that person needs.  
Love hurts  
When you lay it all on the line  
and face rejection.  
When you're still willing  
despite their flaws  
and get down on one knee.  
Love hurts  
when someone says they love you  
enough to walk away  
in order to salvage a friendship.  
Love hurts  
when you're trying your best  
to change for your loved ones  
and yourself.  
Love hurts  
when you can't be who you are.  
Love Hurts  
when "The One" that got away  
never returns.  
There's a Millions reasons why  
love hurts,  
But there will always be a million  
more  
why it should work.

## LETTERS & LOVE

Hello to all our LGBT+ family.

I have been doing well and staying busy writing poems for one of my loves. You know who you are. I hope you like the picture with the lizards and poems I sent you.

I've been reading all kinds of books. If anyone knows any good gay erotica I'm all ears. Though it seems the best gay erotic writings I can find is the stuff I write. I'm over 40 pages in a book I'm writing.

Shout out to Chino at Albion. I understand the internal fight like so many of us do. Let that girl out of her cage. It's so much less stressful when we let ourselves be our true self that the Goddess wants us to be. I'd like to say hi to Ash, Shay, Roth, Jerry and everyone else here at Mahanoy. Also to Gator I'm also sorry for not listening to you about some things. Most of the time the things we wanted each other to change was stuff we needed to do better for ourselves. Love your Country Bumpkin.

Don't forget to hold your head up high. We are all loved by each other.

~ Timber | Tyler Trewitz NM4043

Shoutout to HOAW! For making this newsletter possible, THANK YOU for everything you do. I can't wait to get out to help more. Sending love to Mike, Kayla, my angel fly back to me and take away this confusion, without you it ain't the same. Indy boy I miss you and how we bonded while in the hole trading poem for poem rap for rap. I miss that. I wanna hit you up but I'm scared :( Rarri chill the fuck out I need you to make some paper with me, I got big plans for us, we need to get close. Rozai my rida till the stars and the earth ceases. You were the first to see Mike's tattoo on my ankle. 300, you crazy, mad love though bro. Eastwood stay sucka free and if we get close I'm trying to put you on. To everyone else including Pretty, Alicia, Mikey, Crack, Ghost, I fucks wit ya. I hope everyone is good. LOVE

~ Aryella "ARY" AKA "KITTY" "KK"

## LETTERS & LOVE

Hey HOAW!

I'd like to give a quick shout out to all my people at SCI Houtzdale! Y'all know who you are and you have made me feel welcome. I'd also like to say to anyone at SCI Huntington that knows Yeick please give him my love and let him know I hope he's doing okay

~ Kaylee

Shout out to the LGBTQ+ fam. Rainbow love to you all always. Major shout out to Rich, DJ-Ozone, D, KC, Spade, Maxine Davis, Lipstick Leesa, and Cort, JP (Jordyn Pratt), Rosie, Roc, Moon, Foxy, Ashley, Egypt. They sending me out of Benner, I don't know where yet but I'll hit y'all when I get there if you want to make contact hit me. My info is Israel Taylor NX8518 I'll write where to soon as I can. Okay Rainbow love y'all.

~ Unique Cherry Red

What's up HOAW? Shout out my baby since 1998 (Nikki Sin) what up boo you good? What you need? I got you, let me know, keep fighting you bad bit--. GG I miss you. They transferred me from Forest to Frackville. I hate this joint. Get at me. Harlequin holla at me, what up with you? And to all the trans women in these places your boy C sends his love.

~ Calvin Gadson | LR3104 | Frackville

Hello HOAW...First off I used to live Hiding who I really am due to how a lot of us Move. Just a reminder that we have to move as a team and hold each other accountable and Stay Real.

~ Platinum "Hoddie"  
NA3893

## HOW TO LOVE YOU

Tiffany Epiphany O'Shea

I'm kind, elegant, lovely and intelligent,  
you see me at my worst and know that it's irrelevant.  
Because our love is true love and it's always been Heaven Sent.  
That's why I took the vows because I knew what they meant.  
I promise that I love you for the rest of my life.  
Through everything good and through all of the strife.  
I'll never break your heart, never stick in a knife,  
and I'm sorry if I'm the cause of any type of disdain.  
But am I insane  
or is this chest pain  
the burning of the Eternal flame?  
If you'd ask me if it's love I'd say one in the same.  
But Omar I spell the word love the way you spell out your name,  
a four letter word  
and it isn't a verb  
but it's still the most beautiful sound I've ever heard.  
And my love, my baby, my boo:  
there's only one way I know how to love you

## LETTERS & LOVE



Hey ladies This is ya Gurl Mariah Lee... Trans lives matter all the time. I been trans for so long and it's been the best life. I want all Trans women to be proud of yourself and Embrace your sincerity in your Transition. Always put yourself first.

The picture is of me sitting at my desk... YES Bitch I was Feeling Fabulous as always. TEAM: Mariah Lee All day. Trans pride. I love all my Gurls, Katrina Diamond, SJ, My Daughter Tyiel, my little Sis Ms. Parker @ Mahanoy Bitch I love you and I will always Respect Realness. You're my Ride or die! Dawn... I love you So much. I'm Sorry that disloyalty came between us, I still love you... To all my Brothers... Savage, CR, Knowledge, Red, Dave, Daniel French, and so many more...I love ya'll too! To No Sox what's up Baby daddy... Sending my love. miss you lil boy. I'm out

~ Mariah Lee | KP5129 | SCI Mahanoy

## LETTERS & LOVE

hi family, got my issue 36, and i really loved everyone's story about ways to handle staff if/when they treat us bad when it comes to lgbtq. monica you really spit the truth. it's hard to not interact with staff. we've got no choice. shout out to jacinda lee/harlequin, how are you? i got your letter a few months ago and wrote back but it got returned. is there another way we can write? i'd also like to give a shout out to my girl maya. thanks for the video visits with me. you're a very special friend/sister to have in my life. it's coming up on 3 years my husband hassan and i've been together. babe i love you so much. thanks for loving me like you do.

### HEROIN

Tiffany Epiphany O'Shea

(verse 1)

You Know I'm Knocking let me in.  
You know It's me your Heroin.  
And when you get a taste  
you'll be wanting me more,  
without me you'll be kicking  
and clawing the floor.  
So Spend your money on me  
don't go to the store,  
I'll leave the middle of your arm  
oh so Sore.  
And I love everyone  
I'm the Biggest whore...

(This is the Hook)

So take me someplace  
where we can hide,  
Load me up and  
Shoot me inside.  
I'm worth the price  
and the little pinch,  
You'll feel So much Better  
it's a total cinch.  
I know what you need  
to feel Alive,  
You wanna feel safe  
and warm inside.  
So Now I'm knocking  
let me in,  
Your life, your Love,  
your Heroin

thanks to my sister maya, girl without you i doubt i'd ever see my parents in person. i send my love to my hearts and wire family. hearing everybody's entries made me smile b/c i see the love. we must all stick together. let's beat the hate from staff /inmates who dislike us being who we are f\*\*\* them. we are stronger than them.  
your 4ever sister

~ cree

I miss all my connections to HOAW, to all my trans sisters & brothers that either transferred or went home and left prison. I want to give a shoutout to all my sisters and brothers in the LGBTQ+ family, I hope you're all doing good and staying strong. I want to specifically shoutout Ms. Ary, I miss you here at Greene and it hasn't been the same since you left. I am still here fighting the battle, giving a shoutout to: Ms. Ary, Kayla Shay, Ms. Miley, & especially a shoutout to Rebecca-Taylor Coltfire for your encouragement & inspiration, I am stuck here at SCI Greene for many more years, 5 years to be exact. Shouting out also to Parks and Scott. Shoutout to the community at SCI Albion. Hope you all get this shoutout. Also a few of the girls here at Greene are wondering who Indy is? Hit me up Indy? Let's all stand together and let them know we are strong!

~ Ms. Tay LTO387 | SCI Greene

## LETTERS & LOVE

Hey what's goin' on Family! I saw parole October of last year and got a 1 year hit. My Damn TV Blew out and I'm afraid something bad may have happened to my Brother & Uncles in the DR. Can a girl get a break?! I'm so stressed at the moment and trying to keep a positive head. Sometimes it's hard.

Big shout-out to everyone here at SCI Forest: Kid, Emme, Big Black, Jamie, Greg, Will, Ya-Ya, Tiff, Ant & Meech, and Chicago and Ty and anyone else I may have forgotten about. Syd and Ed: I love you, y'all are my Family for life real shit. Munta @ Benner, Honey you ain't never lied about how Big a misconception that is about Benner. Mariah Lee: you Keep Doing the Damn thing sis. Miley @ Greene I love you girl and am keeping Diamond out of trouble. J Luz Salcedo @ Albion your story is heartbreaking. I'm praying for you and sending nothing but good energy and vibes your way my Libra sister. I love you.

What's Good to my Brothers in the struggle. CR and Knowledge. I hope all is well with y'all. Solid Nir Keep ya head High. Dwayne out of all the stars in the sky your light shines the brightest. I love you forever and a day and would do anything for you. You're worth it.

Love to all, Your sister,

~ Didi @ Forest

How's the Hearts fam doing this issue? Last issue I was going through a gang of drama with the establishment, but now I am back on solid ground. They had put me in for RRL, but it got denied, so now I am at Fayette, in Population on the step down until April 2nd. These ppl really b tryin it, but I know I wasn't in the wrong, so it all panned out.

Indy: Ion kno wassup w/u soldier. I tried to add u, but my folx said the jawn sayin "no longer available"? WTH that mean? Did you go home? U said in the last issue u was on ur way to phase 2??? I sent u snail mail, don't know if u got it. Jay: S'up bro, I beat that jawn, so I'm cool. Whoever sent me a letter recently thru Jack/John, it got snatched up. Please don't use that address, it's hot AF! Bullet: Where u at? Chocolate Drip: U dun got married hunh? :) Uncle Wakee (Puck): I love you and keep your head up. Matt Kelly, Bobby, Yum Yum (Albion Crew), Arianna & Reggie (Benner), how y'all been? To all my brothers & sisters in the struggle, always remember, your character is judged by what u do when no one is looking, I love y'all.

~ Nichole Monique Quiñones | DLI755 Fayette

Shoutout to my baby Skye, know that I love you and miss you very much. I max out April 13th 2025 and I will make sure that you have somewhere to go when you get back on the streets. Don't let them COs get in your head. 50 Shades of Jay I miss you bro, keep your head up.

~ \$anddman | Houtzdale

## LETTERS & LOVE

To Hearts on a wire: This new year started sad and bad for me. My sister passed away from cancer and my other sister is stressed out about it. So am I. I can only call her once a month because I don't have a job or money coming in for phone time. The chapel gives me a call once a month if I request it. I am trying to keep my head up. It's hard because it seems like nobody loves me and that I'm all alone. Shout out to CR, Kiki, Midnight.

~ Quincy Williams KL4519

Thank you to everyone who contributes to this publication. The advice, insights, creative artistry, and general support for our LGBTQ+ family is uplifting. I never would've dreamed I'd be serving time in prison. I was always a rule-follower, a people pleaser, and a hopeless romantic. My goal was to meet Prince Charming and live happily ever after, but all I found were "hook-ups," and abusive relationships. It was while I was incarcerated that I met the love of my life. Travis taught me that I am worthy of love. I love you, Travis, with all my heart; my precious light in a place of darkness. Shoutout to Monica at Rockview - your kindness and guidance is more valuable than you know. And to J. at Dallas - don't give up hope, you're not alone.

Blessings, prayers, peace, and love to you all.

~ Justin | QF0829 | SCI Dallas

### I GOT YOU

Reign @ SCI Albion

I got to be real with you, I never thought that you would be the one  
But you crept into my heart and now you the only one I want  
For the longest I put on a front, like our relations were only sexual  
Did dirt behind your back cuz I lacked proper respect for you  
I was unethical, cuz when I'm next to you I feel like a king  
Cuz you a Queen and that's som'n I'm learning to appreciate  
so let's mediate our differences and work through our problems  
cuz to inhabit the top you got to start from the bottom  
I told you that I love you and I meant that  
So I'ma do whatever just to get you back  
It's not a matter of want, with you is where I need to be  
Cuz you my better half you know exactly what you mean to me  
Forget ya man, that dude is a weirdo  
You need someone to save you baby, I'll be ya hero  
I got you, let all of ya fears go  
And from here on out you'll never have to let tears flow

## LETTERS & LOVE

Shoutouts to HOAW for giving our community a needed outlet. Shoutout to everyone here at SCI Coal Township, my family out at SCI Forest Lexi Love, Mal, Sydney, Ed, Diamond, JB, Mark, Momma Ty and Poppa Run. I love and miss you all. Mariah at Mahanoy, Solid Nir I'm happy for you and Chop. Chop you have a good one on your hands, don't hurt them. At Somerset Lola Blu, Brittany, Gee Gee, Jammie miss and love you all. Gang gang my brother Jersey Savage much love Bro. We came a long way. To my uncle Shadow I'm still mad at you but no love lost. To Auntie Munta I have the same feelings with Parole I see them this year and I'm scared. I fight thoughts: should I stay in jail or go home after losing my gmom 2022 and my mother in 2023?

I have to get home and I'm ready for the streets and i have to give thanks to Nir, CR, Savage, Chocolate Drip, "Lexi" Love, Mommy Ty, Poppa Run, JB, Mark and Mariah and Shadow and Munta You all saved me in your own way and help me grow. Keep in touch. Much love everyone.

~ One Knowledge

### TEARLESS NIGHTS

Tone Tone | SCI Forest

the tearless nights are  
dark and empty inside my heart & mind  
wishing i could change  
the losses i've been dealt in life  
while sitting here alone  
i remember all the good in my life  
the way i used to smile  
the memories i've had  
& shared with others  
the tearless pain inside my  
soul where it hurts the very most  
the memories i've pushed  
back deep away to stop the hurt i feel  
tearless nights of all  
are the ones i have of you and i  
side by side

HOAW fam:

I'm getting transferred possibly to a BMU (behavior management unit). I got into a situation with COs and higher ups. I got a hit in the head and got a black eye from a CO. Tank, thanks for saying hi. I've taken your advice about paperwork. Blue Magic, Chino, Joker, Brittany from Houtzdale "Hey." Heather, Rosie, Ashley, Stephanie, Megan, and Unique Cherry Red "hey." Miley from Green "hey, Sorry about what's happening to you." Diamond, Adam, ZoeY, Kekei, JB and others from Forest "hey, miss you guys." James, wherever you went I miss you so much! Don't let anyone stop you even if it looks gloomy. Keep going, there's always a small light somewhere. And any light is better than none.

~ Whittany AKA TAZ | QH2193 |  
Benner (for now)



## LETTERS & LOVE

Dear HOAW,

To my extended LGBTQ family, greetings to all. To my beautiful & loving partner/wife A.J. who been by my side for the past 7 years. Yeah babe, we prove all the haters wrong. I love you Crack. To my niece Nicole Quiñones. I got your message, stay strong. Anything I can do for you let me know. Eric AKA Sleaz and the lovely Dawn Guthrie, damn! Thanks for the shoutout, hope you are doing well and got transferred to somewhere you want to be. I would like to keep in contact. Shoutouts to: Spade, Alex, Zain, Tara (PYT), Maxine Davis & JD @ Benner. Dilly, Sydney & Ed, Havo, KB, Juice (on BB), Schwanke, Didi, Austin @ Forest. Oh I can't forget Bigfoot @ Greene, Jersey Savage, Gio and my whiteboy Buzz — I love you dawg! Anybody I haven't mentioned you are all in my thoughts & prayers.

~ Hockey Puck | RBC @ SCI Forest

### 11-12-23 (A SONG 4 REMMI)

K@\$H

(Chorus)

Baby DNT cry... It aint good bye its Just I'll see u 18TR  
I kno this distance gone be hard but believe we can m8k it  
I left my heart Plz keep it safe I kno you'll never br8k it  
Just kno these Dreams I'm chasin me & u we reachin gr8ness //  
BABY DNT cry... Naw Baby DNT cry PLZ wipe them tears away  
I kno This distance can play tricks but babe I'm here 2stay  
U have my heart u have my soul & that won't ever change  
11-12-23 4ever kno its u & me...

(v)

4EVER its us I promise so my heart it remains frozen  
Till That day u M8K it home & me & u can build this home  
I kno u worry bout this time & distance But please kno  
Nobody else can T8K your place babe u have my heart & soul//  
So If u hurtin kno I'm hurtin 2 baby kuz I hurt 4u  
I'm countin days till u return while preparin like I'm Spouse 2do  
They fed u lies I told the truth they talk good game I showed the proof  
Ring ALL on ur finger kuz I'm certain that I kno its u//  
So baby DNT cry.. Just pick that phone up when u need 2 talk  
I'll promise that I answer still hold u close even tho we're apart  
I'll ease ur mind u kno ur mine 4ever 1 love but 2 Hearts  
I mean 2 hearts but 1 love If loving you's a crime guilty as charged...  
(Back 2 chorus)

## A MIRRORED EXPRESSION

Maddie (QP3525)

One looks right, and what does one see?  
A person he believeth to be,  
But the mirrored expressions, all bound about  
may indicate a lonely scout.  
Feelings of love, lust, and Lost,  
only to never truly know the meaning of its cost.  
You yell, bicker, and you fight,  
to determine whether it's black or white...  
Can't we just live life, laugh and love?  
Aren't we all in search of the little white turtle  
doves?  
Roses are red, sapphires are blue,  
will we ever get the clue?  
HE is omnipotent, alive in each breath,  
HE is your maker, and planner of death...  
HE maybe watching, or not give a damn...  
Could your life be an obvious scam?  
The Sultans, The Kings, The Rulers, OH MY!  
No one agrees with one another, why?  
Have us humans not grasped it yet?  
Too involved in distractions, a set,  
religion, sports, or even a bet...  
To never truly grasp the effect.  
GIVE IN, GIVE UP, OR GET OUT!!!  
Find your enlightenment, not doubt...  
Have we all not earned honesty, kindness, and  
truth?  
NO, OF COURSE NOT, we make way more  
keeping all aloof.  
Train your mind, yes, break free, use your brain  
& all it can see,  
Only then will you be, everything meant for you  
& for me...  
Or I fear you will always be under oppression...  
ALWAYS stuck in your mirrored expression...  
<3 :P (:

me, stay where you're at, they have no support groups, are denied hormone treatments, etc...  
I miss you all and pray you stay strong in the fight for trans rights. To Ary, we met for only a  
short time. I witnessed your struggles and pray you're still fighting the good fight. I've never  
stopped praying, miss you. My love + best to you all.

~ D. Hawk | SCI - Camp Hill

## LETTERS & LOVE

Dear HOAW

Hello Family! First a very big round of  
applause and shoutouts to y'all for  
keeping the issues coming and allowing  
us to keep correspondence with  
everyone. Thank you for that from my  
heart. Shoutouts to everyone in the  
LGBTQ community here at SCI  
Houtzdale. To all the married couples  
keep standing strong together. To  
Brittany, I still have love for you in  
friendship. Now Tito and Butters, if  
y'all want to see me and Makayla in  
handball again, just say when. Shoutout  
to my heart, my ace Makayla aka "she  
the one."

To my fellow Kingz in these facilities,  
brothers we must protect and defend  
Trans women. We are their muscle,  
strong hold, backbone, comfort zone.  
Let's boot up and protect Trans women  
as they will us. Let's really stand for  
Trans women and be their protectors,  
period.

~ Amir aka Big Mir | FE5819 |  
SCI Houtzdale

Hey Fam,  
Teddy, Rodney, Country, Char,  
Kimberly, at Somerset: my best to you  
all, I'm back where it all started for me  
41 years ago, SCI Camp(Hell)Hill. Trust

## LETTERS & LOVE

Hi to Everybody Thanks H.O..A.W for passing along information. Michael Poore, I miss our fishing and letter writing in Huntingdon hole back in 2022. Shoutout to my Favorite Buddy Ms Kaylyn at SCI Coal. I MISS our walks in the yard, Be Safe Baby!! Did you get my letter? Ms. Whitney Ann Smith: Stay Strong, They can't break you. Skillz, I'm Back at Greene, But I don't plan on Staying here. This joint is Fucked up. Shadow where you at Homie? Ms. Munta I hear you're a good person and I wish that I was able to meet you. Much love to you. Haze- I was at Huntingdon for 2 ½ years from 2020 to 2022 on B-Block. You have to leave that joint to have a chance with anyone. CR- Don't Think of yourself a old queen, just a wiser queen and More Special than the rest. Miley, I was on BA with you, But you went to the hole Before we talked. Much Love To all of The Family.

~ Eric Rudolph AKA 'E' or Slez | CK0358

## BUT STILL I CRY

Monica

Daddy your love for me feels so wonderful and warm, but I still cry.  
Warmth like I feel when I smell you on your shirts, but I still cry.  
You are so unlike any other, so true and real, but I still cry.  
You've Shone me so much that I was missing in life, but I still cry.  
You keep me like a queen and treat me like the Lady I am, but I still cry.  
Your love makes me complete - A whole person, but I still cry.  
Your old school ways that keep me respected, proud, and safe, but I still cry.  
You make my world bright, filled with happiness and joy, but I still cry.  
You share your love and your life with me, but I still cry.  
Real and true love that is so caring and pure, but I still cry.  
Your touch is so relaxing, making me tingle, but I still cry.  
You make love to me so passionately, just incredible, but I still cry.  
You have a heart of solid gold, and you've cry your love with me, but I still cry.  
Daddy you are a permanent part of my heart, but I still cry.  
Our love will last forever and more, but I still cry.  
We should, and shall be together for eternity and longer, but I still cry.  
I mean this truly daddy, I'll be there for you, for we must go on, but I still cry.  
Why do I still cry? Cause I've got to leave you here, So I still cry. I Cry and cry for you, it hurts so deep, but I still cry.  
Tears for a man I want to be with always, forevermore, but I still cry.  
Tears for the wonderfully, beautiful man that I cherish, but I still cry.  
Here I pledge my love, I will get you out to me, but, for now, I still cry.  
My heart and soul devoted to us TOGETHER! I will always cry.  
Until we can unite again out there, then I can cry tears of joy for us. AMEN.  
Dedicated to my one and only man, my BIG DADDY H.G.

## LETTERS & LOVE

Whats up Family: Good morning to all the Kings and Queens, incarcerated and free. I Just received Issue 36 and I'm definitely feeling all the love from the LGBTQ+ community. Reading gives me confidence to be myself and inspires me to send in some of my own poetry.

A few shoutouts: Nichole Quinones @ Forest what up with you girl you tryin to make it out to Pop. I'm out there Soon. At Albion, Siobhan, Chino: Holla at me. And Tiffany Alissa Bradbury I'm Lookin for my Queen, Hit me up. At Benner Shout out to Megan Lynn Duane and Unique Cherry Red. At Houtzdale: What's up Kaitlyn Mae Santos and Sky Tipton. Talk to ya boi. @ SCI Phoenix Shoutouts to Ary and Brianna Redmond. Also Monica @ Rockview, Ms. Tessa Rose @ Greene, and Kimberly from Somerset, get at me. Lipstick Leesa I'm feelin them bars girl keep doin you, Makayla AKA Thick A\$\$ Tink Stay wit it girl spit that shit, Hayley Tee Tee what's up wit you. Tiffany Evans holla at ya boi. Last but not least I can't forget all my Brothers and Sisters here @ SCI Forest, I don't know all of you yet but I hope I'll get the chance to meet everyone of you. Special Shoutout to the Shorty Ty. Girl I've heard all about you, hit me up. Again I hope everyone stays strong and that you enjoy the Poem. Would love some feedback. Okay peace out. One Love,

~ Frankie AKA Swing | MY1504 | SCI Forest

### ONE AND ONLY

Frankie AKA Swing

Time's slowly ticking by and days are going past  
I'm Searching for my one and only and these moments that will last

One for me to confide in, give her all my trust and love  
Making her feel absolutely special like a gift from up above  
Being there for her completely. She will be my ride or die  
while Filling her heart's desires causing her spirits to fly.

Everyday together we are building bonds and memories  
worshipping her with all my heart brings me to my knees  
It is her beauty and grace that sets fire to my soul  
And whenever she is near I feel satisfied and whole  
Don't want these feelings to ever fade hope they will last forever  
Having a connection that nothing or nobody can ever sever.

She fills my heart with peace and joy I'm the luckiest man alive  
All I need is her trust and love, with these I will survive  
Now she will never want for anything cuz I'll give the entire world  
Show her heaven on earth as we soar with wings unfurled  
Knowing that I will never let her go I'll catch her every time  
For on a scale of 1 to 10 she's definitely past a dime  
Totally a masterpiece and a precious work of art  
A diamond in the rough who truly owns my heart.

HEARTS ON A WIRE:  
SHOUT-OUT TO OZONE.  
THANK YOU FOR  
CONGRATULATING ME.  
TO INDY, I AM THE  
ORIGINAL DWAYNE.  
AND I KNOW WHAT I  
HAVE BY MY SIDE. SO,  
SLOW YOUR ROLL  
YOUNG BUCK. IT'S  
ABOUT R-E-S-P-E-C-T.  
AND TO MY WIFEY  
DIDI. WORDS COULD  
NEVER EXPRESS HOW I  
FEEL ABOUT YOU. THIS  
IS WHY I A-L-W-A-Y-S  
LET "MY" ACTIONS DO  
THE TALKING. I LOVE  
YOU SOOO MUCH MY  
QUEEN... KISS KISS

~ Dwayne | DG6153

## LETTERS & LOVE

I'm at Houtzdale and doing good. Shout to my homie SleZ who was with me at SCI-Green for a good 20yrs. Love to Cree and Monica. And to the light of my life, my queen, partner, friend, lover, confidante, and ride or die bitch Jacinda Lee, AKA Harlequin I love you very much and can't wait till we are married. Keep your head up, Baby girl, not much longer till we're home together for good.

~ Keon Thomas AKA Buckshot

Shoutout to Little Foot. Just because there's miles between us doesn't mean I'm not there in spirit. I love you more and more each day and miss you in ways words can't explain. Keep your head up and do what you need to do to get out of there. You'll have a home plan as soon as you mail it to her, and you'll always have messages from me but you HAVE TO CALL!!! I love you Boo Boo Kitty!

~ Anthony Day AKA Whitey

Hey H.O.A.W family,

This is ur girl the best who ever did it, That real boss, bad bitch, Rosie Lés Love. I want to shout out, Munta, Juicy Queen Bee, Unique, Lipstick Leesa, Egypt, Tyree Sanders, Heather, Stephanie, Nice, Rokko, Ashley, Whitney, Maxine, My best friend Dee, Mariah. Skillz I'm D best friend here at Benner, she is well I told her to reach out to u. Ms. Peaches I love n miss u like crazy, hope ur doing well n stayin strong I love u sis. To the love of my life Safu I love n miss u deeply Boo Daddy, take good care of ur self, ur time is cumin baby. Money wut's good, hope ur doin better. Ceci much love sis. Miley much love sis. B.R.2 Star much love. Rest in love Pennie. for anyone I 4got much love to u too. Just want yall to know that I'm on my way to go home. Show ur Rican girl sum real life. HOAW love yall deeply for everything yall do.

~ Rosie Lés love | Nelson Vasquez KH0078 | SCI Benner

## SO LONG TO SEE

James W. | Big Red

It took you so long to see  
Now you see where your heart belongs,  
with me,  
I have loved you from the very start.  
Each day I tried to give you my heart,  
For some reason you did not see,  
How much you truly meant to me.  
Now that you gave me this chance to show  
How much our love will surely grow  
I will never cause you any pain,  
And hope that you will do the same.  
I vowed to never again love anyone at all,  
For each time I did they let me fall.  
But you changed my mind,  
For to me you were always so kind,  
Now that you see my stance  
You decided to take a chance  
Now I can Love You forever  
And hope we will part never  
You are my reason to stay alive each day  
So with you is where I want to stay  
I Love You so much my lovely wife  
For when I am with you there is no strife.

## FORGIVE

Kaitlyn Mae Santos

Forgive me for hurting you,  
Forgive me for making you cry,  
Forgive me for cheating on you.

Forgive me for my lies.  
Forgive me for not being honest.  
Forgive me for not being modest.  
Forgive me for pressuring you.  
Forgive me for keeping it from you.  
Forgive me for not changing.  
Forgive me for the screaming.

I forgive you for the hurtful words.  
I forgive you for the arguments heard.  
I forgive you for the other things.  
I forgive you for nearly ending it.  
I forgive you for not being there.  
I forgive you for the scare.

You're honest with me.  
I lie to you.  
You should've left  
But you stayed instead.  
I hurt you.  
I shouldn't be your girl.  
You stayed.  
I love you no matter what.

## LETTERS & LOVE

To all y'all that know me and gave me shoutouts in the last edition of HOAW, I appreciate y'all.. Nikki Sin: sorry to hear your situation. If you're placed on RRL, that's wrong and shouldn't have happened. You don't want to end up at Greene or Camp Hill. SCI Phoenix is the easiest and most laid-back, but nobody is open about their lifestyle. You don't want to end up on RRL/IMU. It's about a 4-year program, it sucks if you're a socializer. Skillz, Sky, Precious, Alexis, Jalynn, Bill, Cait, and all those who know me, Hi and hope you all are well...

~ 50 Shades of Jay

### RESOURCE from Jacinda Lee:

#### Incarcerated Workers Organizing Committee

Prisoner's Union. Free membership for incarcerated people. IWOC complaint forms upon request. Very LGBT friendly, and has many volunteers who are LGBT. IWOC is a branch of the Industrial Workers of the World (IWW) labor union. Whether you have a job or not is no matter.

#### IWOC

PO Box 41403  
Kansas City, MO 64141

Sup Witcha! I Just landed @ SCI Greene and already in the twist with A New case. So Issue #36 came right on time. this Jawn Lit. Good Look Miley, (My neighbor at Albion). Siobhan: Love you homie. Nikki Nasty Sup O/G. I see you still got Niggas eating out ya palm. Jacinda: I Love you long as Love last.

~ Vlad DE Impaler From Hunting Park Philadelphia, Pistolvania. AKA WARLOCK

A special shoutout to Ary: I love you just as much now as I did the last time I seen you. I never gave up on you and I never will. I remember every promise I made you from day 1 and I intend to keep them all. We all make mistakes we're only human honey. I'll email you when I'm home in March. Keep your head up Angel and smile because your loved A.T.B.N.♡

~ Kevin Shay | LH1546 | SCI Greene

## LETTERS & LOVE

To the HOAW family,

I love you all. I miss a lot of you. If you're not mentioned below I send my love to you. To my wonderful husband, Chilly Willy D. I love you so much. Happy birthday. I miss you so much. To Nikki at Houtzdale I love you and miss you, I'm still here for you girl. How's your brother? Teacup you know me love you and miss you and booty. To the lovely girls at Greene: You can't make this up! LOL. Persephone I miss you so much, I love you mi chiquita. To the wonderful beautiful Rose, you are a great inspiration to me. You're a breath of fresh air, love Joker. LOL. I love you with all of my heart. Get your programs done! Miss Zoni I love you too, it's always great to run into you. Stay Gold! THAT PART! Indy, I thought you was in population; I was looking for you. Keep your head up! Tim and NY love you, you're great guys. Kayla - no no no. Be cool. Hope you do good on the street. Byeeee. LOL. Tessa I miss seeing you since you moved. Love you. Tay: hey what's up? You come to your window and peek out. LOL. I love you girl. Whitney I miss you. Stay outta trouble Girl! Tiffany Bradnury hey lil sis, love and miss you. Mariah at Mahanoy I miss you a lot! Still love you. Jasmine in Maryland, I'll be out soon, write me. Miss Ceci at Phoenix I love you. You're really great, keep smiling. Alonda, stop it! You know what I mean. Ari at Phoenix: Kayla went home - Hope you two reunite. Slade: I'll write soon. Nino keep up the good work. Kashlee Vasquez love your poems, I love a girl who knows what she wants. You're a star. . At Benner Heather, Egypt, Foxy, Maxine, keep your heads up I send my love. To Adam, Chad, Gloria, Didi, Katrina Black Diamond, Anastasia, Tyel, Jennifer, Emmy, I love and miss you all. Don't come to Greene. for everyone to know I got a 6-month hit from the parole board. It's manageable. Ms. Chicago Watch out for Chilly Willy D for me. LOL lastly, to Clyde: we'll meet again.

~ Miley S Diamond | SCI Greene

Hello Hearts on a Wire family,

I want to thank my Tru-King O-Zone for helping me find my way and helping me open my eyes to see True Love, Real Love, and my Forever Husband. Thank you BAE True-King. Shout out to my homies that stood by me this whole time that I've been incarcerated. Leesa, Nice, Arianna, Heather, Cork, Gumby, Dave Miller, Ashley, Night, Egypt, Chino, Alex, Mar, Foxy, Dustin, JD, Nate, Mike, Cindy, Dee-Dee, Marcus, Joe Nicholson, Julian AKA Juice, Steph, Ray, and some others that I talk to and hang out with. Shout out to my sister Unique Cherry Red. I miss you girl. Stay out of trouble and be safe. To my sister Destiny Pratt, I miss you and love you so much, I hope you're doing good. I will be home soon and will set up the email + collect calls for you.

Love always,

~ Infinite Starr FKA JP and JPizzel | Jordyn Pratt | NR0059.

## LETTERS & LOVE

What's up HOAW family:

I just started HRT 2 months ago and it feels so right. I wish I would have had the strength to do this when I was in my teens. My life is great now, even though I'm in prison. I feel so free, and this is just a taste of what's to come. I can't wait to live the rest of my life and this is the first time I can honestly say that and mean it. I feel so much like the real me and I love and celebrate the woman I am everyday. I want to give a shout out to Sydney, Didi, Jamie, Emerald, Ty, Havo, and all the other girls I don't know. To my one and only Omar: love you so much Big Daddy always and forever. I love everybody who supports us girls and our decision to be who we are.

Love,

~ Tiffany Epiphany O'Shea

I was introduced to the family by the beautiful love of my life who left on parole. If you can see this I miss you so much. I am so glad that you got out and truly hope you are doing good out there. A big Hello to all the family who is going through hard times inside these walls.

~ Big Red | James W. | SCI Fayette

### WICKED ANGER PT. 1 (excerpt)

Shadow the Anomaly

Y'all forget I'mma adder, It's venom I'm packing,  
I'm sicker than average  
You're a bxxch, I'mma dick, so you're getting killed by a faggot!  
You try to wreak havoc, I eat havoc and spit chaos!  
So when I'm pissed off, my shit-storm is laced with napalm.  
No State Farm kuz I ain't a good neighbor, I cook haters!  
Smoke vapers and debut your brains all over the table!  
And no one could save you! Y'all drag us down like we're elevators.  
But our love's elevated above your small mental status.  
And y'all hate it, say it's unnatural kuz it's natural to hate.  
Use the scriptures to attack us, got the nerve to call it faith!  
So now you got to face the anomaly kuz you dishonor me.  
I am fiery, fire bomb your society honestly!  
Lyrically, mentally, physically you're never defeating me!  
My acidity's the epitome of hostility you've been giving me.  
Say we are the wicked ones but really you're the wicked.  
Kuz we do nothing but love while you hate every minute!



## LETTERS & LOVE

HOAW: What's good fam? Love, Power, and Respect to everybody.

Knowledge & Monica: I recently started trying the approach y'all suggest for dealing with cops and/or homophobia. It's not easy. I'm used to getting physical. We all hate this place, right? So, getting physical only keeps us in longer. So, I agree, be chill and beat they ass with pen & paper. I'm 6 years past my minimum. Don't follow my footsteps y'all. Listen to Knowledge & Monica. Lipstick Leesa: Like the Bars. Thirst traps are real. LOL! Iris: Keep ya head up. I turned 32 on Feb. 11th. I know how B-days suck in here. I had 13 of them inside. Just know brighter days are ahead. Tiffany: Self-love and confidence are some of the most attractive qualities a person can have. Jennifer: No pain like losing mom. Especially in here. I know your pain. Stay strong. Ms. Zoni: Enjoy that freedom. Welcome Home! Munta: Your minimum is a year before my max. Reach out to Pittsburgh's PILP office and ask for the CRIMINAL JUSTICE SUPPORT & ADVOCACY DIRECTORY. Hope it helps. Many resources in there. Stay strong shorty. Miley: I'm here at Greene on lockdown in the IMU but just wanted to say I always wanted a block that was just for the LGBT community and allies. For those of us who would want that, how would you suggest trying to approach getting that? Kashlee: Happy B-day and coming out day. Chino: Hate is why your cellie attacked you. I'm sorry you went through that. That shit pisses me off. I don't like seeing family hurt like that. You continue to stand in your truth. Chocolate Drip & Kevin Shay: Just nodding to my Greene community. We won't meet because I gotta do TC when I finish IMU. KASH: Hopefully you'll see this before you slide. Issue #35 I put my pen on display a little. If you serious on the music, get at me. Money is the motive. Congrats on parole too bro. Nikki Sin: Respect. Glad to know I inspired you. That was all from the heart. As for this RRL shit, I'm on my way out in May (I hope). Right now, there is no real way to challenge this RRL shit. I'm going to be a class rep in a class action suit filed by ALC challenging that very issue plus a few other things. If you do get put on RRL, it's a good chance you'll come here or Phoenix. Hopefully you don't get put on RRL. But if you land here, I'll try to help u how I can. We'll be on different pods but but yeah, this shit is bogus. I didn't see your track shorty. I been asking about you. Besides hearing you rock out against this system, I also hear you sexy as hell. Hope I see u one day in different circumstances. Peaches: What's up Queen? Same shit different toilet. Just keep fighting, they tried the same shit with you at Coal. Keep you head up. Last but not least: Ms. Angela B: I got a feeling I know u but by another name. Shout out to you too. Keep them heads turning.

I'm out. Love y'all!

~ Antoine "Indy" Walker KG7791 | SCI Greene

## LETTERS & LOVE

Dear HOAW Family: I wanted everyone to know i found a beautiful boy, Ty, we have our issues but He is helping take the pain away. I'm doin' ok, back on psych meds to help though i been losing weight bad and i cant stomach most of this food. I had a cancer scare but all good there. Hope ya'll have good summer.

Shoutouts Jacinda – I love and miss you. David P. Hope you good. Torrie Im goin crazy without hearing your voice and seeing that beautiful face. Justin I want to hate you but I can't, seriously stop doing stupid shit. Eric M I should hate you to but I don't.

I love you all and any of you freaky gals and girls who want to join my fam hit my up!

Love,

~ Haze | Christian Gouse QP8711 | Huntingdon

Dear HOAW,

How is everyone? Fine I hope. Shoutout to Sky Tipton: What the absolute heck did you do to come back to the laughingstock of the D.O.C., just kidding. You probably don't remember me but it's Kaitlyn now "E" this jail is going crazy here. 50 Shades of Jay: I miss my buddy, a celly who knows how to have fun and make each other laugh. Thanks to you I am the person I am today. Alexis Mitchell: Don't let those "boys" keep you down or have you depressed. I miss my sister, my best friend. Nikki @ SCI-Houtzdale: Gurl stay out of trouble. Skillz @ Huntingdon: Yeah I've had or have my fair share of mistakes even nearly messed up a nearly 3 year relationship but it's almost 4 years and he's still with me and handling all of my bullshit. Ms. Brittney @ Houtzdale: I am very angry with you. Asked you nicely to stop getting in trouble and yet you get in trouble anyway. I love you like my sister. Be yourself and stop trying to be someone who is altering you to be. Ms. Bradley @ Albion: How are you? Stay out of trouble. Shout to to Kev, Deuce, Skillz. "Big D" Watkins of CB past away last week tuesday Feb 6. Had a heart attack. R.I.P. DARRELL "BIG D" WATKINS. Cool guy and and honest CPS. That's all for now, if I didn't mention you I am sorry. Brothers & sisters, keep your head up and don't let these fools keep you down.

~ Kaitlyn

Heart on a wire,

What's good to all the Ladies in the Jails! Keep ya'll head up and stay who ya'll truly are, the Beautiful woman that god made ya'll to be. Also what's up to my boy BR, also would never forget about you Nino yea it's Jeff from York. And yes I'm part of the community. :)

Everybody keep ya'll head up and know together we are strong!

~ \$Money\$ | Jeff Reid | SCI Forest | MM4752

## LETTERS & LOVE

Hey fam how yall doing? Although some of you know me well, i'm new to the HOAW family. I chose the name Reign for myself because i am a champion. Throughout my life I have survived many many adversities. Molestation and rape as a child, physical abuse, deaths of close family and friends, foster homes, group homes, juvenile placements, and multiple adult incarcerations. Suicide Attempts, mental health issues, you name it. I'm still on the battlefield with some of those misfortunes but at this point the odds are in my favor. I have not let the adversity stop my shine. I find solace in knowing that i am not a lone survivor. Many of you have survived similar situations and worse. I'm sure all of you have witnessed or experienced the same Bigotry, and hate that i have for nothing more than unapologetically living my truth. I know you feel me and understand. Solidarity, companionship, positive vibes, understanding, and good conversation are things i yearn for and i knew HOAW was where i could find them!

Wishing all of you pure happiness, peace, and prosperity in all your endeavors!

~ Reign

Kalief Shelton | TP7278 | SCI Albion



Jordyn Autumn Wilson

## UNTITLED

Maddie (Matt Kelley)

I must say that it is true Dr. Seuss,  
Your rhymes, your limericks, a little loose  
They may say that I'm a clown,  
But they will never see me frown,  
Nor will they run me out of town  
I love the yellows, whites, tans + browns,  
So it may be time to turn around  
Save a dog from the pound  
Even if he is a mute greyhound  
Who doesn't make a sound.  
W/ a face so circular + round  
A pitcher on the pitcher's mound.  
A strike or a ball that hit the ground.  
A toy that was lost, but now found,  
A beautiful dress, a new wedding gown,  
A word, a verb, or even a noun.

-Repeat lines 1 to 4-

## FIRE WHISKEY

Timber

Butterflies and whiskey,  
Catching fire to the moon.  
Loneliness calls to me,  
But I say it's far too soon.  
Letters to write;  
Lovers to see  
As I look at the stars,  
It's like they're crying for me.  
Like they know how much I miss you  
Slipping away,  
Sliding with ease;  
Although the shadows hold your voice —  
I hear you screaming for me,  
In the breeze.  
Shed your cocoon + fly back to me,  
Because I don't want to go alone,  
But loneliness sure wants  
To take me away —  
To its home...

## BOOK RECOMMENDATIONS

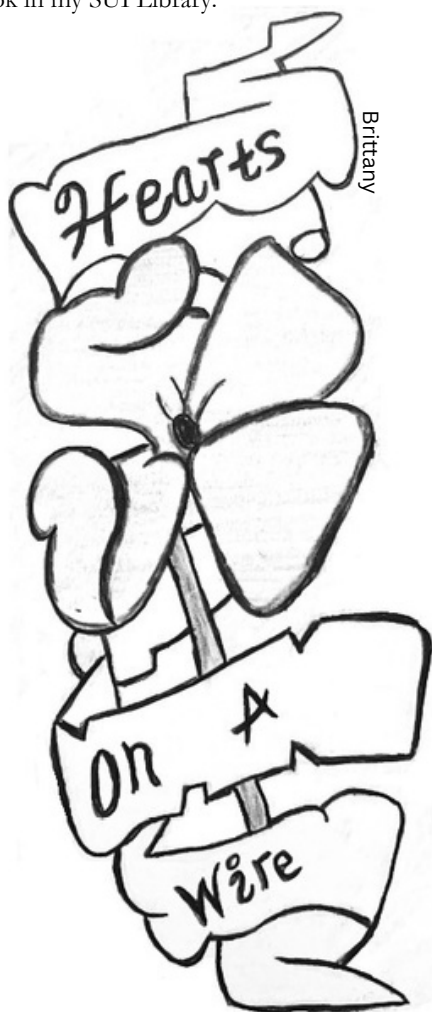
### Whittany:

*Fierce Femmes and Notorious Liars: a Dangerous Trans Girl's Confabulous Memoir* is a coming-of-age story by Kai Cheng Thom.

*1stCase* by James Patterson and Chris Tebbetts.

### Timber:

*Page Boy* by Elliot Page is a Memoir about a trans male actor. Before coming out as trans he was the star of the film Juno. While reading it you can really tell that he has GD. I found this book in my SUI Library.



I have two book recommendations for all the witches out there: *Paganism for Prisoners* by Awyn Dawn. She served time and dealt with addiction. It can be read from a prisoner or chaplain standpoint and has a lot of references in the back which is cool. *The Witch's Yearbook* by Clare Gogerty covers all 8 sabbats and gives history, spells, crafts, crystals and plants that go with each sabbat.

### Reign:

*The Healthy Mind Toolkit* by Alice Boyes, PhD provides easy, practical solutions that will help you identify how you are holding yourself back and how to reverse-self-sabotage.

*Yay! You're Gay! Now What?* by Riyadh Khalaf. This book is packed with information and practical advice that every member of the LGBT+ family can benefit from. I've owned the book for months and I'm still learning.

## IN RE: MONICA @ ROCKVIEW

Miley S Diamond

I want to express the Gratitude to my sis Monica at Rockview for her article in issue 36. I've been incarcerated for 32 years now. Before that I was also on a different number.

Today's Queens/Princesses, when you do something for them automatically they believe you're trying to be with them. Everyone that knows me knows I look out for the Queen/Princesses. Because I have so much time in. A lot of them think it's a trap, until they actually get to know me and see it's not like that.

Today the so-called men who I call boys chase a Queen/Princess to gain sexual gratification. "Screw and move to the next one" or "Start a mess with the Trans women." Example: a boy tells a Queen "Don't mess with those girls they all of them bad news." It's a lie to trap the girl into believing this boy is truly on the up and up. Or "I got money I can buy you this, this, that, blah blah blah." Then the queen later on finds out he lied. Or the boy was at another prison and got transferred due to him raping or beating the girls.

A lot of us know his past and warn the Queen/Princess of this. So many boys hate to see MILEY! Cuz I know, and I put them out there. Especially if the boy raped one of us or beat one of us. I know a lot of times it's not about money to us. But when one of the boys lies to gain sex or to humiliate one of us. that's wrong! Then when the Queen/Princess tries to get away from the boy he wants to start abusing her, being obsessed, Etc. Then the girl has only one alternative. Usually it's run to PREA to get away from him. Sad as it is, it's usually the Queen/Princess who suffers from these actions. Because they don't want to listen to the advice. These boys are bad apples that fell from a lemon tree.

So yes Monica you were right, it used to be like that. It was nice back then, like with Penny RIP, Tonette RIP, Tashia, Blonde, Tina, Pebbles (my baby girl), Ms Ceci, Rachael, Miss Beverly, ShaNaNa, Rage, and Nikki Q. We all know it's not the same.

There's nothing wrong with getting your coins, but beware of those who are boys and not real men. Take off their mask and you get Mr YUK. Pink sisters forever! Las Diabla Niñas! Maybe boys will become men like they used to be.

My message is don't play with one of the Queens when you see me. Lol. Especially if you're a wrong cat. Lie to someone else, Welcome to the haters club! LOL thanks Monica.

# LEGAL RESOURCES

## **PA Institutional Law Project - Philadelphia**

718 Arch St., Suite 304  
South  
Philadelphia, PA 19106

## **PA Institutional Law Project - Lewisburg**

P.O. Box 128  
Lewisburg, PA 17837

## **PA Institutional Law Project - Pittsburgh**

247 Fort Pitt Blvd, 4th Floor,  
Pittsburgh, PA 15222

## **Mazzoni Legal Services**

1348 Bainbridge Street  
Philadelphia, PA 19147

## **PA Innocence Project**

1515 Market Street,  
Suite 300  
Philadelphia, PA 19102

## **ACLU Pittsburgh Office**

313 Atwood St.  
Pittsburgh, PA 15213

## **ACLU Philadelphia**

PO Box 40008  
Philadelphia, PA 19106

## **Amistad Law Project**

PO Box 9148  
Philadelphia, PA 19139

## **Abolitionist Law Center**

P.O. Box 8654  
Pittsburgh, PA 15221

## **Transgender Law Center**

PO Box 70976  
Oakland, CA 94612-0976

## **Lambda Legal**

120 Wall Street, 19th Floor  
New York, NY 10005-3904

## **NCLR National Office**

870 Market Street Suite 370  
San Francisco CA 94102

## **GLAD**

18 Tremont, Suite 950  
Boston, MA 02108

## **TLDEF**

520 8th Avenue, Suite 2204  
New York, New York 10018

## **ARC for Gender Justice**

PO Box 180198  
Brooklyn, NY 11218

**Pennsylvania Institutional Law Project** provides assistance to incarcerated or institutionalized people in PA whose constitutional rights have been violated within the institution.

**Mazzoni Center** has legal services for LGBT people in Pennsylvania, including discrimination cases.

**Pennsylvania Innocence Project** only takes on direct appeal and PCRA cases from factually innocent individuals incarcerated in PA who have been wrongfully convicted.

The **ACLU** sometimes takes prison conditions cases, but they are selective in which cases they take because they do “impact litigation.”

*Impact litigation is strategic legal cases that have the potential to change the situation for other people in similar situations to the plaintiff.*

**Amistad Law Project** takes on impact litigation aimed at reducing incarceration in Pennsylvania.

**Abolitionist Law Center** takes on impact litigation aimed at addressing human rights violations in Pennsylvania prisons.

**Transgender Law Center** is a national organization that takes on impact litigation related to trans rights.

**Lambda Legal** is a national organization that takes on impact litigation related to LGBT/HIV rights.

The **National Center for Lesbian Rights** is another national impact litigation firm that takes on impact litigation related to LGBT.

**GLBTQ Legal Advocates & Defenders (GLAD)** is a national organization that takes on impact litigation related to LGBT/HIV rights.

**Transgender Legal Defense & Education Fund (TLDEF)** is a national impact litigation firm that takes cases related to trans discrimination.

**Alyssa Rodriguez Center for Gender Justice (ARC)** is a new organization connecting jailhouse lawyers and advocates working for gender justice. Members get *pro se* legal information and support for their advocacy.

## BOOKS, PUBLICATIONS & PENPAL RESOURCES

**Books Through Bars** provides small packages of free books to individuals incarcerated. **Ithaca College Books Thru Bars** send free books nationwide. **Pittsburgh Prison Book System** sends free educational books and quality reading material to prisoners and prison libraries. **Books For Prisoners at UCSD** and **East Bay Prisoner Support** send socially conscious reading materials nationwide. **Tranzmission Prison Project** sends books and trans booklets to incarcerated LGBTQ folks nationwide. **Prisoners Literature Project** and **Prison Library Project** ship free books.

Send a letter that includes your name, ID number, full address, any restrictions on incoming books, and types of books wanted. Make your request by subject rather than specific title or author, and provide several areas of interest if possible. For example, African American history, basic math, carpentry, how to draw.

Please be patient. These programs get many requests, so it may take a while.

**Black & Pink**, and **Montreal Prisoner Correspondence Project**, are organizations that matches incarcerated members of the LGBT community anywhere in the country (and in Canada) with pen pals.

**Let's Get Free** has a magazine available to folks in PA prisons.

Hearts on a Wire appears on several resource lists as a pen pal organization. While we are aware how valuable it can be to have contact with people, this has never been a service we have provided, nor is it something we have the capacity to take on. Hearts has worked to correct these resource guides as we become aware of them, but we continue to get frequent requests for pen pal matching.

### **Books Through Bars**

4722 Baltimore Avenue  
Philadelphia, PA 19143

### **Ithaca College Books Thru Bars**

PO Box 113  
Brooktondale NY 14817

### **Pittsburgh Prison Book System**

PO Box 71357  
Pittsburgh, PA 15213

### **Books For Prisoners at UCSD**

w/Groundwork Bookstore  
0323 Student Center  
La Jolla, CA 92037

### **East Bay Prisoner Support**

PO Box 22449  
Oakland CA 94609

### **Tranzmission Prison Project**

P.O. Box 1874  
Asheville NC 28806

### **Prisoners Literature Project**

% Bound Together Books  
1369 Haight St.  
SFCA 94117

### **Prison Library Project**

915C W. Foothill Blvd PMB128  
Claremont CA 91711

### **Black and Pink**

6223 Maple St #4600  
Omaha, NE 68104

### **Prisoner Correspondence Project**

QPIRG Concordia  
c/o Concordia University  
1455 de Maisonneuve Ouest  
Montreal QC H3G 1M8  
CANADA

### **Let's Get Free**

460 Melwood Street #300  
Pittsburgh, PA 15213

## SUBSCRIBE

Subscriptions are **FREE** for Trans people & allies who are locked up in Pennsylvania.

If you want our newsletters, please **ask to be added to our mailing list** and **let us know how you are connected to the Trans community.**

We will **not** add people to our mailing list who have not reached out to us directly.

Back issues of the newsletter are available to view or download at [heartsonawire.org](http://heartsonawire.org)

## GETTING OUT IN PENNSYLVANIA?

Get in touch!

We do our best to support our inside members in reentry. Let us know when you expect to get out, where you are going, and what you need.

## PA VISIT PROGRAM

Our experiment with virtual visits between inside and outside Hearts on a Wire community members is going well. We currently have more requests than we have capacity for!

If you are **Transgender** in the **PA DOC** and you want to try out a visit with an outside member, please write to us and let us know so we can add you to the waitlist.

**Hearts On A Wire**  
**4722 Baltimore Ave.**  
**Philadelphia, PA 19143**

## WRITE TO US! SUBMISSIONS

**You can send us...**

Letters | Shoutouts (keep it short and sweet) | Original Artwork Recipes | Interviews | How-to articles | Ideas | Articles responding to current events, prison policies, and this newsletter | Original Poetry | Book Reviews | Contribuciones en español son muy bienvenidos!

### Writing Prompt for Next Issue

We think Crok's article on page 9, Trans Enough? brings up important tensions in our community. There's no one way to be trans, and we all get to define who we are on our own terms. For the next issue, we're asking you to reflect on what makes you feel included, seen, and recognized as your gender. What is unique and special about your transness, your womanhood, your masculinity, or your undefinable self?

### Guidelines:

- **Deadline for Next Issue: June 28.** We cannot guarantee publication of submissions received after this date.
- If you contribute make sure you tell us **exactly** how you want to be credited [Anonymous? ID number? Chosen name? Facility?]. **We will only use your location and/or government name if you explicitly tell us to do so.**
- We will no longer publish full addresses as this leads to the newsletter being barred in some institutions.
- Please respect other people's privacy; only make disclosures about yourself.
- **No shade.**
- Your original work only. **We will not publish work that has previously been published elsewhere.**
- We get more submissions than we can possibly print.
- We are trying to get a lot of voices into the conversation.
- **We prioritize writing by trans and non-binary authors.**
- **We reserve the right to publish excerpts and to make light edits for length and clarity.**